

New App – Connect to Support

The Connect to Support Hampshire website [<https://www.hants.gov.uk/news/nov18connectsupport>] and App provide an easy-to-use online resource to help residents with their care and wellbeing by providing information about all aspects of independent living, such as advice about mental health and physical health, help and support for carers, and equipment to help people manage at home. The website and app also include:

- A directory of local services, activities, charities and helplines to support individuals with specific needs
- A directory of Care Quality Commission-registered home care agencies that can provide personal and nursing care in people's homes
- A directory of registered care homes and nursing homes in Hampshire.

The app also allows users to search for information offline. Connect to Support Hampshire is a fantastic one-stop shop for anyone looking for information about care and support in Hampshire, whether they are trying to find a local support group, need help for a specific disability or are looking for care services for themselves or a loved one.

The community directory also lets people quickly and easily search for all of the activities and services available within their local area, including not only voluntary organisations and care-related businesses, but also social clubs, community projects and volunteering opportunities, which we know are an essential part of healthy, active communities.

To download the app, simply search for “Connect to Support Hampshire” in the App Store (for Apple iPhones or iPads) or the Google Play Store (for Android smartphones and tablets). Also, visit the Connect to Support Hampshire website at www.connecttosupporthampshire.org.uk

Changes to Special Educational Needs and Disability Information, Advice and Support in Hampshire

Hampshire County Council, working with the five NHS Clinical Commissioning Groups in Hampshire, has awarded a three-year contract to Core Assets Children's Services, to provide an impartial Special Educational Needs and Disability Information, Advice and Support (SENDIAS) Service.

From 1st January 2019, this one service will encompass both Support4SEND (currently provided by Hampshire County Council), together with Parent Voice (operated by The Rose Road Association). In response to feedback from families, this service will provide a single point of contact for children and young people with special educational needs and/or disability and their parents and carers.

Domestic Abuse

The Integrated Domestic Abuse Service for Hampshire (IDASH) is funded by the County Council and the Police and Crime Commissioner and offers confidential support to women, men, children and young people. IDASH comprises community-based support and outreach services, Independent Domestic Violence Advisers who support people at high risk, dedicated support services for children and families, and crisis accommodation.

Those affected can call **03300 165 112** to receive immediate information as well as referral to the most appropriate service for ongoing support.

In Hampshire, an estimated 44,000 women and 25,000 men experience domestic abuse every year, and one in four women and one in six men will experience domestic abuse in their lifetime - often with years of psychological abuse. Domestic abuse has far-reaching effects on individuals, families and whole communities. Because of its complexity, it cannot be tackled in isolation, so it is critical that the County Council and our partner agencies work closely together, with the IDASH service, to help address the issue across Hampshire.”

Support is also available for people perpetrating domestic abuse in Hampshire.

Extra Care Housing

In 2011 Hampshire County Council approved the sum of £45 million to deliver new build Extra Care Housing for Older People. Since that time some 17 developments, covering each District of Hampshire, have been facilitated by HCC resulting in the delivery of over 800 units and accommodation for some 900 residents, including couples. Some 5 additional sites will be delivered and become operational by 2020. The County Council has now extended this scheme with additional capital funding of £35 million being provided for similar schemes for Younger Adults with Learning Disabilities. So far 100 units have been built for young service users to move into.

Extra Care is popular and in demand because it offers the unique combination to residents of their own front door and privacy within a modern setting, along with communal services that serve both personal care and general needs on a 24/7 basis. More than 6,000 care hours are currently provided each week to residents of the 17 Older Adults schemes that the County Council has so far facilitated.

Our ambition is to at least double the number of units available for Older Adults in the next 5 years, taking the number of units to 1,500 or more. The ambition for Younger Adults, including those with Physical as well as Learning Disabilities, is equally aspirational, together with bespoke developments for people suffering with Dementia and/or those with Mental Health needs.

Health Headlines for WCC District

Diet and obesity:

- Around one in five (20.9%) children start school overweight or obese. This is similar to the England average (22.6%) despite Winchester's relative affluence. Based on the most recent data points, there is a worsening trend in excess weight in Year R children in WCC district.
- Just under a quarter (23.8%) of children start secondary school overweight or obese in WCC district, better than the England average of 34.2%.
- Just over half (53.2%) of adults in Winchester are estimated to be overweight or obese.
- An estimated 62.1% of adults in Winchester meet the minimum recommended "5-a-day" for fruit and vegetable consumption.

Source: Public Health Outcomes Framework 2017

Food environment:

- In June 2017, the combined recorded number of cafes, convenience stores, restaurants and takeaways in Winchester District was 361, an increase of 27 from 334 in June 2014. This represents a 8% total increase in these types of outlets during this period.
- In June 2017 there were 70 takeaways in Winchester District, an increase of 11 from 59 in June 2014. This represents an increase of 18.6% for takeaways during this period.
- This means takeaways represented 40.1% of the increase in the total number of these types of outlets during this period.
- Whilst the population of WCC district has increased between 2014 and 2017, when standardised by population size, we can see that the number of takeaways per head appeared to increase during this period (from 0.51 per 1,000 population in June 2014 to 0.61 per 1,000 population in June 2017), suggesting the number of takeaways may be growing slightly faster than the number of people living in WCC district.

Source: Food Environment Assessment Tool 2018

As this is my final report for 2018 I should like to offer my best wishes to everyone for a very Happy Christmas and a successful New Year.

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